

## **Preauricular Sinus Excision 耳前竇切除術**

### **Introduction 簡介**

Surgical excision of preauricular sinus and excision of scar from previous infection  
進行手術切除耳前竇及切除上次感染留下的疤痕

### **Indications 適合病症**

1. Previous history of infection of the preauricular sinus  
耳前竇曾有感染
2. Symptomatic preauricular sinus e.g. discharge  
有徵狀的耳前竇，例如流出溢液

### **Intended Benefits and Expected Outcome 預期結果**

1. Prevention of infection  
防止感染
2. Symptomatic relief  
紓緩徵狀

### **The Procedure 手術過程**

1. Local / general anaesthesia  
局部／全身麻醉
2. Make incision in front of the ear with inclusion of the sinus opening and scar  
在耳前切開，同時切開竇口及疤痕
3. Remove soft tissue along the area including all the tracts  
清除該處(包括所有管道)的軟組織
4. Haemostasis  
止血
5. Wound closure  
縫合傷口
6. Head bandage may be necessary  
可能需用繃帶包紮頭部

### **Risk and Complication 手術風險和併發症**

There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.

手術有一些副作用和併發症風險，醫務人員將盡力減少副作用和併發症風險。

### **Common Risks and Complications 常見副作用和併發症(≥1% risk/風險)**

1. Bleeding  
出血
2. Wound infection / abscess  
傷口感染／膿腫
3. Wound break down  
傷口破裂

4. Poor wound healing  
傷口癒合欠佳
5. Scar / keloid  
疤痕／疤痕瘤
6. Recurrence  
復發

**Uncommon Risks with Serious Consequence 不常見的嚴重風險或併發症(<1% risk/風險)**

1. Damage to nearby structures (facial nerves / vessels)  
附近結構受損(面部神經／血管)

**Before the Procedure 手術前準備**

Patient should: 病人應該：

1. Inform doctor of any medical condition e.g. diabetes mellitus, heart disease, hypertension and any regular medication, including herbs and dietary supplement.  
告知醫生其本身患有的其他疾病，如糖尿病、心臟病、高血壓及定時服用的藥物，包括中藥及保健食品
2. Stop food and drink if needed as instructed by doctor or nurse  
遵從醫護人員指示，在需要時禁食
3. Other special preparation or investigation before the procedure  
其他手術前準備或檢查

**After the Procedure 手術後須知**

1. Simple dressing applied to the wound  
簡單包紮傷口
2. Head bandage (if used) can be removed one or two days afterwards  
手術後一兩天除去頭部繃帶(如有的話)

**Alternative Treatment 其他治療方法**

1. Conservative treatment  
保守療法

**Consequences of No Treatment 不治療的後果**

1. Risk of infection and subsequent sequel  
感染風險及後遺症
2. Persistent symptoms from preauricular sinus  
耳前竇引起的持續症狀

**Follow Up 手術後跟進**

1. Keep wound clean and dry  
保持傷口清潔乾爽
2. Seek medical attention when there is severe bleeding, wound swelling or discharge, pain, fever or chills  
如嚴重出血、傷口紅腫或有滲液、疼痛、發燒或發冷，應盡快求醫

### Remarks 備註

This is general information only and the list of complications is not exhaustive. Other unforeseen complications may occasionally occur. In special patient groups, the actual risk may be different. For further information please contact your doctor.

本單張只提供有關手術的基本資料，可能發生的風險或併發症不能盡錄。某類病人的風險程度亦為不同。如有查詢，請聯絡你的醫生。