

Information for Consent **Mastoidectomy 乳突切除術**

Introduction 簡介

Removal of disease in middle ear structure and mastoid air cells
切除中耳及乳突氣房病灶

Indications 適用情況

1. Cholesteatoma
膽脂瘤
2. Acute mastoiditis
急性乳突炎
3. Chronic suppurative otitis media (CSOM) and chronic mastoiditis
慢性化膿性中耳炎和乳突炎
4. Tumour
腫瘤

Intended Benefits and Expected Outcome 預期結果

1. To remove cholesteatoma
清除膽脂瘤
2. To treat middle ear and mastoid infection
處理中耳和乳突感染
3. There is chance of incomplete relief of symptoms and recurrence
有機會不能完全減輕症狀和有可能復發
4. To remove tumour
清除腫瘤

Conditions that Would Not be Benefited by the Procedure 手術不能解決的問題

1. Tinnitus
耳鳴
2. Dizziness
暈眩
3. Hearing loss
弱聽

The Procedure 手術過程

1. The procedure is carried out under general anesthesia
手術會在全身麻醉下進行
2. Skin incision is made either at the back or in front of the ear
皮膚切口會在耳前或耳後
3. Remove diseased mastoid under microscope
乳突內的病灶會在顯微鏡下切除
4. A pressure dressing may be needed after the operation in most cases
在大多情況下，手術後傷口需加壓包紮
5. Facial nerve monitoring may be used if indicated
如有需要會用面神經顯示監察

Risk and Complication 手術風險或併發症

There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.

手術有一些副作用和併發症風險，醫務人員將盡力減少副作用和併發症風險。

Common Risks and Complications 常見副作用和併發症 ($\geq 1\%$ risk/風險)

1. Recurrence / residual disease
復發或 殘留
2. Infection
感染
3. Bleeding
出血
4. Worsening of conductive hearing loss
傳導性弱聽加重
5. Taste loss or disturbances
失去味覺或味覺紊亂
6. Allergic reaction to ear packing
對耳道填塞物過敏
7. Vertigo
暈眩

Uncommon Risks with Serious Consequences 不常見的嚴重風險或併發症 ($<1\%$ risk/風險)

1. Facial nerve injury
面癱
2. Partial to total sensory hearing loss
失去部份或全部聽力
3. Ear canal stenosis
耳道狹窄
4. Pinna deformity
耳廓變形
5. Intracranial injury causing cerebrospinal fluid leakage, intracranial infection and bleeding
顱內損傷，導致腦脊液漏，感染和出血
6. Death due to serious surgical and anaesthetic complications
由於手術或麻醉的嚴重併發症引致死亡

Before the Procedure 手術前準備

1. Inform your doctor of any medical condition and any medications you are taking. The medications may need to be adjusted as appropriate.
請告訴醫生你的醫療及服藥情況。藥物可能需要作恰當的增減。
2. Shaving of hair around the ear may be necessary immediately before the operation
手術前可能需要剃除耳朵旁邊毛髮

After the Procedure 手術後須知

1. You may have pain or blocking sensation in the ear
耳朵可能會出現痛楚或阻塞的感覺
2. The pressure dressing is usually taken off after one day. There will be dressing inside the ear. Please do not remove it by yourself. The doctor will change or take off the dressing at follow-up.
壓力敷料通常會在一日後拆除，請切勿自行拆除耳內敷料。醫生在覆診時，會替你更換或拆除敷料
3. Some discharge from the ear is common. Please do not let any water get into the ear.
耳朵排出一些分泌物乃屬正常。請切勿讓水流入耳內

Alternative Treatment 其它治療方法

1. Regular aural toilet and medical treatment
定期耳道清潔和藥物治療
2. Antibiotics ear drops
抗菌素滴耳

Consequences of No Treatment 不治療的後果

Progression of disease with complications
疾病惡化和出現併發症

Remarks 備註

This is general information only and the list of complications is not exhaustive. Other unforeseen complications may occasionally occur. In special patient groups, the actual risk may be different. For further information please contact your doctor.

本單張只提供有關手術的基本資料，可能發生的風險或併發症不能盡錄。某類病人的風險程度亦為不同。如有查詢，請聯絡你的醫生。