

Buttoning (Incision and drainage of fluid from pinna) 釘鈕(切開耳廓引流積液)

Introduction 簡介

1. Incision and drainage of fluid / blood from pinna 切開耳廓引流液體/血液
2. Stitching of cotton swabs or button / dental roll over the wound to prevent recollection of fluid / blood 在傷口縫上棉花紗布，防止體液/血液積聚

Indications 適合病症

1. Haematoma auris 耳血腫
2. Perichondrial effusion 耳廓軟骨積液

Intended Benefits and Expected Outcome 預期結果

1. Quick relief of swelling and pain in pinna 迅速紓緩耳廓腫脹及痛楚
2. Prevention of pinna deformity 防止耳廓變形

Conditions that Would Not be Benefited by the Procedure 手術不能解決的問題

Pinna swelling that is not due to fluid / blood collection
非因液體/血液積聚引致的耳廓腫脹

The Procedure 手術過程

1. Local anaesthesia 局部麻醉
2. Incision over the swelling 切開腫脹處
3. Drain fluid from affected area 引流患處的積液
4. Haemostasis 止血
5. Stitch cotton swabs or button / dental roll to prevent fluid recollection
縫上棉花紗布，防止液體/血液再積聚

Risk and Complication 手術風險和併發症

There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.

手術有一些副作用和併發症風險，醫務人員將盡力減少副作用和併發症風險。

Common Risks and Complications 常見副作用和併發症 ($\geq 1\%$ risk/風險)

1. Recollection of fluid / blood 液體/血液再積聚
2. Bleeding 出血
3. Infection 感染
4. Scar / keloid 疤痕/疤痕瘤

Uncommon Risks with Serious Consequences 不常見的嚴重風險或併發症 ($<1\%$ risk/風險)

1. Pinna deformity 耳廓變形
2. Skin ischaemia/necrosis 皮膚缺血/壞死
3. Perichondritis 耳廓軟骨膜炎

Before the Procedure 手術前準備

Patient should: 病人應該：

1. Inform doctor of any medical condition e.g. diabetes mellitus, heart disease, hypertension and any regular medication, including herbs and dietary supplement.
告知醫生其本身患有的其他疾病，如糖尿病、心臟病、高血壓及定時服用的藥物，包括中藥及保健食品
2. Stop food and drink if needed as instructed by doctor or nurse
遵從醫護人員指示，在需要時禁食
3. Other special preparation or investigation before the procedure
其他手術前準備或檢查

After the Procedure 手術後須知

1. Cotton swab or button / dental roll are removed after a week 大約在一星期後除去棉花紗布
2. Discharge home after the procedure 手術後可出院回家

Alternative Treatment 其他治療方法

1. Repeated aspiration 重複抽吸
2. No treatment 不作治療

Consequences of No Treatment 不治療的後果

1. Infection 感染
2. Pinna deformity 耳廓變形

Follow Up 手術後跟進

1. Arrange follow up for removal of cotton swabs or button / dental roll
預約覆診除去棉花紗布
2. Keep wound clean and dry 保持傷口清潔乾爽
3. Resume normal activity 出院後可恢復正常活動
4. Seek medical attention when there is severe bleeding, wound swelling or discharge, pain, fever or chills
如嚴重出血、傷口紅腫或有滲液、疼痛、發燒或發冷，應盡快求醫。

Remarks 備註

This is general information only and the list of complications is not exhaustive. Other unforeseen complications may occasionally occur. In special patient groups, the actual risk may be different. For further information please contact your doctor.

本單張只提供有關手術的基本資料，可能發生的風險或併發症不能盡錄。某類病人的風險程度亦為不同。如有查詢，請聯絡你的醫生。