

## **Information for Consent** **Stapedectomy 鐙骨切除術**

### **Introduction 簡介**

Removal of the fixed stapes bone and replacement with an artificial prosthesis  
切除硬化鐙骨及植入人工鐙骨

### **Indications 適用情況**

1. Otosclerosis with conductive hearing loss  
耳硬化症引致的傳導性耳聾
2. Other causes of stapes fixation with conductive hearing loss  
其它病變引致鐙骨固定的傳導性耳聾

### **Intended benefits and expected outcome 預期結果**

1. Hearing improvement  
改善聽力
2. There is chance of residual hearing loss and recurrence after initial improvement  
聽力未必可以完全康復及有復發的可能

### **Conditions that Would Not be Benefited by the Procedure 手術不能解決的問題**

1. Tinnitus  
耳鳴
2. Dizziness  
頭暈
3. Sensorineural hearing loss  
感音神經性耳聾

### **The Procedure 手術過程**

The operation is done under local or general anaesthesia. The eardrum is gently lifted up. Part of the fixed stapes is removed and replaced with a micro-prosthesis. The eardrum is then repositioned.

手術會在全身或局部麻醉下進行。醫生會小心揭起耳膜，切除部份硬化鐙骨，植入人工小鐙骨，然後再把耳膜復位。

### **Risk and Complication 手術風險或併發症**

There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.

手術有一些副作用和併發症風險，醫務人員將盡力減少副作用和併發症風險。

### **Common Risks and Complications 常見副作用和併發症 ( $\geq 1\%$ risk/風險)**

1. Allergic reaction to ear packing  
對耳道填塞物過敏
2. Infection  
感染
3. Bleeding  
出血
4. Taste loss or disturbance

失去味覺或味覺紊亂

5. Tinnitus

耳鳴

6. Vertigo

暈眩

7. Hearing impairment

聽力損害

**Uncommon Risks with Serious Consequences 不常見的嚴重風險或併發症 (<1% risk/風險)**

1. Total deafness

全聾

2. Eardrum perforation

耳膜穿孔

3. Facial nerve damage causing facial paralysis

面神經損傷，引致面癱

4. Death due to serious surgical and anaesthetic complications

由於手術或麻醉的嚴重併發症引致死亡

**Before the Procedure 手術前準備**

Inform your doctor of any medical condition and any medications you are taking. The medications may need to be adjusted as appropriate.

請告訴醫生你的醫療及服藥情況。藥物可能需要作恰當的增減。

**After the Procedure 手術後須知**

1. You may have pain or blocking sensation in the ear. You may also have mild dizziness for a few days. Please avoid nose-blowing, and strenuous physical exertion for a few weeks.

手術後耳朵可能有痛楚或阻塞的感覺。隨後幾日並可能會頭暈。手術後的幾星期內應避免擤鼻涕或進行劇烈體育活動。

2. You will have dressing inside the ear. Please do not remove it by yourself. The doctor will take off the dressing at follow-up.

醫生會在你耳內置入敷料。請勿自行除走。醫生會在覆診時為你移除。

3. Some discharge from the ear is normal. Please do not let water get into the ear.

少量耳溢液乃屬正常。請勿讓水流入耳內。

**Alternative Treatment 其它治療方法**

1. Observation

觀察病情進展，再作打算

2. Hearing aid

助聽器

**Consequences of No Treatment 不治療的後果**

Progressive hearing loss

聽力繼續下降

### **Follow Up 手術後跟進**

See the doctor as scheduled

請依約期覆診

### **Remarks 備註**

This is general information only and the list of complications is not exhaustive. Other unforeseen complications may occasionally occur. In special patient groups, the actual risk may be different. For further information please contact your doctor.

本單張只提供有關手術的基本資料，可能發生的風險或併發症不能盡錄。某類病人的風險程度亦為不同。如有查詢，請聯絡你的醫生。