

Information for Consent

Myringoplasty/Tympanoplasty 鼓膜/鼓室成型術

Introduction 簡介

1. Repair of a perforated eardrum (myringoplasty)
修補耳膜穿孔
2. Repair of disrupted ossicular chain (ossiculoplasty)
重建聽骨鍊

Indications 適用情況

1. Perforated eardrum
耳膜穿孔
2. Control or prevent middle ear infection
控制或預防中耳感染
3. Conductive hearing loss
傳導性弱聽

Intended Benefits and Expected Outcome 預期結果

1. Intact eardrum (85% success rate)
完整鼓膜 (成功率85%)
2. Control or prevent middle ear infection
控制或預防中耳發炎
3. Hearing improvement
改善聽力
4. There is a chance of incomplete relief of symptoms and recurrence
有機會不能完全改善症狀和有可能復發

Conditions that Would Not be Benefited from the Procedure 手術不能解決的問題

1. Tinnitus
耳鳴
2. Dizziness
頭暈
3. Sensorineural hearing loss
神經性聽力下降

The Procedure 手術過程

The operation may be done under general or local anaesthesia. The skin incision is made either at the back, in front of, or above the ear. A piece of fascia/perichondrium is harvested and used to repair the eardrum. Any ossicular chain discontinuity may also be corrected at the same time. A pressure dressing may be applied after the operation.

手術會在全身或局部麻醉下進行。醫生會在耳前、耳上或耳後做一個切口。醫生會採集一塊筋膜或軟骨膜，用以修補耳膜；可能會同時糾正聽骨鏈的損壞。手術後醫生可能會為你提供壓力敷料敷紮頭部。

Risk and Complication 手術風險或併發症

There are always certain risks and complications of a surgical procedure. Our medical staff will take every preventive measures required to reduce the risk of complications. 手術都有風險和可能有併發症，醫務人員將盡力減少發生併發症的機會和風險。

Common Risks and Complications 常見風險和併發症 ($\geq 1\%$ risk/風險)

1. Allergic reaction to ear packing
對耳道填塞物過敏
2. Infection
感染
3. Bleeding
出血
4. Loss of taste sensation
失去味覺
5. Vertigo
暈眩
6. Recurrence of ear infection
感染復發

Uncommon Risks with Serious Consequences 不常見的風險或嚴重併發症 ($<1\%$ risk/風險)

1. Hearing impairment, even total deafness can occur in rare occasion
聽力減退，偶爾導致全聾
2. Facial nerve damage
面神經損傷
3. Death due to serious surgical and anaesthetic complications
由於手術或麻醉嚴重併發症引致死亡

Before the Procedure 手術前準備

1. Inform your doctor of any medical condition and medications that you are taking. Medications may need to be adjusted as appropriate.
請告訴醫生你的醫療及服藥情況。可能需要對藥物作恰當的增減。
2. Shaving of hair around the ear may be necessary immediately before the operation.
手術前可能需要剃除耳朵旁邊的頭髮。

After the Procedure 手術後須知

1. You may have pain or blocking sensation in the ear
你可能有耳痛或耳有阻塞的感覺
2. The pressure dressing is usually taken off after one day. You will have dressing inside the ear canal. Please do not remove it by yourself. Your doctor will change or take off the dressing inside the ear at follow-up.
壓力敷料通常一日後拆除。切勿自行拆除耳內敷料。醫生會在覆診時為你更換或拆除耳內敷料。

3. Some discharge from the ear is common. Please do not let water getting into the ear.
耳朵有分泌物乃屬正常。切勿讓水流入耳內。

Alternative Treatment 其它治療方法

1. Water precaution
耳道禁水
2. Eardrops or systemic antibiotics
滴耳藥水或 抗生素
3. Hearing aid
助聽器

Consequences of No Treatment 不治療的後果

1. Recurrent infection and ear discharge with rare but serious complications
嚴重併發症
2. Hearing impairment
聽力損害

Follow Up 手術後跟進

See the doctor as scheduled
請依約期覆診

Remarks 備註

This is general information only and the list of complications is not exhaustive. Other unforeseeable complications may occasionally occur. The actual risk may be different in specific patient groups. For further information please contact your doctor for details.

本單張只提供有關手術的基本資料，可能發生的風險或併發症不能盡錄。某類病人的風險程度亦會不同。如有查詢，請聯絡你的醫生。