

## **Excision of Neck Mass 切除頸部腫塊**

### **Introduction 簡介**

1. Excision of neck mass  
切除頸部腫塊

### **Indications 適合病症**

1. Surgical removal of a neck mass for diagnosis  
進行手術切除頸部腫塊以作診斷

### **Intended Benefits and Expected Outcome 預期結果**

1. Complete removal of the disease  
完全清除病患
2. Obtain tissue for histological diagnosis  
抽取組織作組織學診斷

### **Conditions that Would Not be Benefited by the Procedure 手術不能解決的問題**

1. Lesions that cannot be cured by just surgery alone  
不能單靠手術完全治療的損傷

### **The Procedure 手術過程**

1. Neck incision  
切開頸部組織
2. Excision of the neck mass  
切除頸部腫塊
3. Closure of wound  
縫合傷口

### **Risk and Complication 手術風險和併發症**

There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.

手術有一些副作用和併發症風險，醫務人員將盡力減少副作用和併發症風險。

### **Common Risks and Complications 常見副作用和併發症 ( $\geq 1\%$ risk/風險)**

1. Bleeding  
出血
2. Infection  
感染
3. Shoulder pain and weakness  
肩痛和抬肩乏力
4. Numbness of neck skin  
頸部皮膚麻痺

5. Hypertrophic scar or keloid formation  
疤痕增生或疤痕瘤

**Uncommon Risks with Serious Consequences 不常見的嚴重風險或併發症 (<1% risk/風險)**

1. Skin necrosis  
皮膚壞死
2. Nerve injury  
神經受損
3. Pneumothorax  
氣胸
4. Chyle leakage  
乳糜漏
5. Lymphedema  
淋巴腫

**Before the Procedure 手術前準備**

Patient should: 病人應該：

1. Inform doctor of any medical condition e.g. diabetes mellitus, heart disease, hypertension and any regular medication, including herbs and dietary supplement.  
告知醫生其本身患有的其他疾病，如糖尿病、心臟病、高血壓及定時服用的藥物，包括中藥及保健食品
2. Stop food and drink if needed as instructed by doctor or nurse  
遵從醫護人員指示，在需要時禁食
3. Other special preparation or investigation before the procedure  
其他手術前準備或檢查

**After the Procedure 手術後須知**

1. Drainage tube may be inserted  
可能需置入引流管
2. Head is elevated to reduce bruising and swelling  
墊高頭部以減輕瘀傷及腫脹
3. Normal diet may be resumed when condition is stable  
當情況穩定可恢復正常飲食
4. Mild pain  
可能有輕微痛楚

**Alternative Treatment 其他治療方法**

1. Watchful waiting  
密切監察情況

**Consequences of No Treatment 不治療的後果**

1. Continued growth of lesion  
損傷繼續擴大

2. Possibility of missing malignant condition  
可能會忽略惡性徵狀

**Follow Up 手術後跟進**

1. Keep wound clean and dry  
保持傷口清潔乾爽
2. See the doctor as scheduled  
依時覆診
3. Seek immediate medical attention if you have any excessive bleeding, collapse, severe pain, fever or signs of wound infection  
如嚴重出血、虛脫、劇痛、發燒或有傷口感染跡象，應立即求醫

**Remarks 備註**

This is general information only and the list of complications is not exhaustive. Other unforeseen complications may occasionally occur. In special patient groups, the actual risk may be different. For further information please contact your doctor.

本單張只提供有關手術的基本資料，可能發生的風險或併發症不能盡錄。某類病人的風險程度亦為不同。如有查詢，請聯絡你的醫生。