

Closed Reduction of Nasal Fracture 鼻骨骨折閉合性復位術

Introduction 簡介

1. To straighten a deviated nasal bone due to recent injury
矯正因近期受傷引致偏曲的鼻骨

Indications 適合病症

1. Nasal obstruction attributed by a recently deviated nasal bone
鼻骨偏曲引起的鼻塞(因近期受傷引致)
2. Cosmetic deformity due to a recently deviated nasal bone
改善歪鼻骨(因近期受傷引致)

Intended Benefits and Expected Outcome 預期結果

1. Reduce nasal obstruction
減輕鼻塞
2. Improve nasal deformity attributed by deviated nasal bone
改善歪鼻骨

Conditions that would not be benefited by the procedure 手術不能解決的問題

1. Nasal obstruction not caused by deviated nasal bone
非鼻骨偏曲導致的鼻塞

The Procedure 手術過程

1. Reposition nasal bone 鼻骨復位
2. Apply external nasal splint to support the nasal bone 通常會使用鼻外夾板固定位置

Risk and Complication 手術風險和併發症

There are always certain side effects and risks and complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.

手術有一些副作用和併發症風險，醫務人員將盡力減少副作用和併發症風險。

Common risks and Complications 常見副作用和併發症

1. Bleeding
出血
2. Persistent nasal obstruction
持續鼻塞
3. Infection
感染
4. Nasal adhesion
鼻腔黏連
5. Septal haematoma
鼻中隔血腫
6. Persistent nasal deformity
持續鼻畸形

Uncommon but serious complications 不常見的嚴重併發症(<1% risk/風險)

1. Toxic shock syndrome if nasal packing is used
使用鼻敷料或導致中毒性休克
2. Death due to serious surgical and anaesthetic complications
由於手術或麻醉的嚴重併發症引致死亡

Before the Procedure 手術前準備

Patient should: 病人應該：

1. Inform doctor of any medical condition e.g. diabetes mellitus, heart disease, hypertension and any regular medication, including herbs and dietary supplement.
告知醫生其本身患有的其他疾病，如糖尿病、心臟病、高血壓及定時服用的藥物，包括中藥及保健食品
2. Stop food and drink if needed as instructed by doctor or nurse
遵從醫護人員指示，在需要時禁食
3. Other special preparation or investigation before the procedure
其他手術前準備或檢查

After the Procedure 手術後須知

1. May need analgesic for postoperative pain or discomfort 手術後可能要服用止痛藥
2. Mild transient epistaxis may occur, please attend the nearby emergency department if bleeding persists 可能會有輕微鼻出血，但假如情況持續應前往就近急症室求診
3. Sleep in slightly head up position may help reduce postoperative oedema
睡覺時頭部略為墊高，有助減少手術後出現水腫情況
4. Do not blow nose 不應擤鼻

Information of available alternative treatments 其他治療方法

1. Expectant treatment
觀察病情進展，再作打算

Consequences of no treatment 不治療的後果

1. Persistent nasal obstruction
持續鼻塞
2. Persistent nasal deformity
持續鼻變形

Follow Up 手術後跟進

1. After the procedure, avoid rigorous exercise or contact sports for few weeks
在手術後數星期應避免進行劇烈運動或身體接觸類體育運動

Remarks備註

This is general information only and the list of complications is not exhaustive. Other unforeseen complications may occasionally occur. In special patient groups, the actual risk may be different. For further information please contact your doctor.

本單張只提供有關手術的基本資料，可能發生的風險或併發症不能盡錄。某類病人的風險程度亦為不同。如有查詢，請聯絡你的醫生。