

# Caring for a child who has had sedation

## Information for Parents

### After sedation...

- Your child may feel confused and unsteady after procedure. It can also affect his/her judgement so he/she may not be able to think clearly. This may last for up to 24 hours.
- Your child can go home after recovery from sedation with a responsible adult escort.

### What should my child do at home?

- Your child may eat and drink again after the procedure. However, it is advised to take food/drink slowly and gradually as some children feel sick or may vomit after the procedure.
- Your child should take his/her usual medicines unless they are told not to by their doctor.

### What should my child NOT do?

For at least 24 hours after procedure, please do not

- Participate in vigorous game or activities
- Climb heights
- Ride bicycle or operate any machinery
- Consume alcohol or sedatives

Please accompany with your child if possible to prevent fall.

If you have any query concerning sedation procedure after returning to home, you may contact the following number:

Department of Anaesthesiology and Perioperative Medicine	Monday to Friday Saturday, Sunday and Public Holidays	9 a.m. to 5 p.m. Closed
Hotline (Office hours only)	3513-3741	

**In case of emergency, please consult for medical advice at nearby Accident & Emergency Department.**

