

# Caring for a child who has had sedation

## Information for Parents

### After sedation...

- Your child may feel confused and unsteady after procedure. It can also affect his/her judgement so he/she may not be able to think clearly. This may last for up to 24 hours.
- Your child can go home after recovery from sedation with a responsible adult escort.

### What should my child do at home?

- Your child may eat and drink again after the procedure. However, it is advised to take food/drink slowly and gradually as some children feel sick or may vomit after the procedure.
- Your child should take his/her usual medicines unless they are told not to by their doctor.

### What should my child NOT do?

For at least 24 hours after procedure, please do not

- Participate in vigorous game or activities
- Climb heights
- Ride bicycle or operate any machinery
- Consume alcohol or sedatives

Please accompany with your child if possible to prevent fall.

**In case of emergency, please consult for medical advice at nearby Accident & Emergency Department.**

